



PAILAN WORLD SCHOOL

Weekly Menu for Residential & Day Boarding Students: (Non VEGETARIAN)

1. 08.11 MONDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	BOURNVITA	SEASONAL CUT FRUITS	SEASONAL FRUIT JUICE	PLAIN RICE & CHAPATI	CREAM ROLLS	RICE & CHAPATI
2	BISCUITS	CORNFLAKES & MILK		DAL MASALADAR	VEG MOMO	YELLOW DAL
3		PAO				CHICHINGA ALOO KI SABJI
4		BHAJI		CABBAGE ALOO MATTAR KI SABJI		EGGS MASALA
5				CHICKEN CURRY		GULAB JAMUN
6				RICE KHEER		SALAD

2. 08.11 TUESDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	HORLICKS	SEASONAL CUT FRUITS	AAM PANNA	BUTTER RICE / BREAD ROLL	SAMOSAS	STEAMED RICE / CHAPATI
2	BISCUITS	PURI / ALOO KI SUBZI		CHICKEN POT PIE	FRUIT CAKE	DAL MASALA
3		CORNFLAKES HOT MILK		ITALIAN STYEL PASTA		PARWAL ALOO KI SABJI
4						INDIAN STYEL FISH FRY
5				ORANGE MOUSE		SALAD
6						PAYESH

3. 08.11 WEDNESDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	H I TEA	DINNER
1	DRINKING CHOCOLATE	SEASONAL CUT FRUITS	SWEET LASSI	STEAMED RICE / CHAPATI	UTTAPAM CHUTNEY	PLAIN RICE / PARATHA
2	BISCUITS			DAL	PASTRY	DAL TADKA
3		VEG S/W/		BHINDI ALOO KI SUBZI		KUMDRO ALOO CHOLAR DALNA
4		EGGS BHURJI		FISH KALIA		KEEMA MATTER
5				ZAFRANI KHEER		PICKEL / SALAD
6						BREAD BUTTER PUDDING

4. 08.11 THURSDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	MILO	SEASONAL CUT FRUITS	SEASONAL FRUIT JUICE	PLAIN RICE / CHAPATI	VEG , PATTICE	VEG PULAO / CHAPATI
2	BISCUITS	CORNFLAKES & MILK		PANEER WITH VEGETABLE	BANANA CAKE	DAL MASALA
3		CHOLE BATURA		RAJASTANI ALOO DUM		MURGH KHADA MASALA
4				MASALA MOONG DAL		VEG JHALFRAZE
5				GULAB JAMUN		CHOCOLATE PASTRY
6						SALAD



PAILAN WORLD SCHOOL

5. 08. 11 FRIDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	COMPLAN	SEASONAL CUT FRUITS	LIME JUICE	CHICKEN BIRYANI	PIZZA	STEAMED RICE & CHAPATI
2	BISCUITS	CHOCOLATE PORRIDGE & MILK		RAITA	MIHI DANA	CHOLAR DAL NARDEL DIA
3		BREAD BUTTER		KACHUMBER SALAD		PANEER JHALFREZE
4		ALOO KI SUBZI				ALOO BHAJA BANGALI STYLE
5				MISTI DOI		BALU SAHI
6						SALAD

6. 08. 11 SATURDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH		DINNER
1	BOUNRVITA	SEASONAL CUT FRUITS	STROWBERRY CRUSH	STEAMED RICE & CHAPATI	DAHI WADA	YELLOW RICE/ BUTTER NUN
2	BISCUITS	CORNFLAKES & MILK		DAL MASALA	MUFFIN	DAL MAKHANI
3		LUCHI		TINDA ALOO KI SUBZI		CABBAGE MATAR
4		ALOO DUM DRY		EGG CURRY		TANGRI KEBAB
5				ROSOGOLLA		SWISS ROLLS CUSTERD SAUCE
6						SALAD

7.08. 11. SUNDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	MILO		SEASONAL FRUIT JUICE	STEAMED RICE & CHAPATI	HI TEA	DUM MUTTON BIRIYANI
2	BISCUITS	CHOCOFLAKES & MILK		DAL MASALADER	RAGRA PATICE	RAITA
3		DOSA		BHINDI ALOO SUBJI	PUCHKA	SALAD
4		SAMBAR		FISH MASALA	MOCKTAIL	
5		CHUTNEY		ICE-CREAM		ORANG PASTRY
6						



PAILAN WORLD SCHOOL

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1. 08.11 MONDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	BOURNVITA	SEASONAL CUT FRUITS	SEASONAL FRUIT JUICE	PLAIN RICE & CHAPATI	CREAM ROLLS	RICE & CHAPATI
2	BISCUITS	CORNFLAKE S & MILK		DAL MASALADAR	VEG MOMO	YELLOW DAL MASALA
3		PAO				KARI PAKORI
4		BHAJI		CABBAGE ALOO MATTAR KI SABJI		CHICHINGA ALOO KI SABJI
5				VEG KOFTA CURRY		GULAB JAMUN
6				RICE KHEER		SOUR CURD
7						SALAD

2. 08.11 TUESDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	HORLICKS	SEASONAL CUT FRUITS	AAM PANNA	BUTTER RICE / BREAD ROLL	SAMOSA	STEAMED RICE & CHAPATI
2	BISCUITS	PURI / ALOO KI SUBZI		VEG POT PIE	FRUIT CAKE	DAL DALMASALA
3		CORNFLACKS HOT MILK		ITALIAN STYEL PASTA		PARWAL ALOO KI SABJI
4						MALAI KOFTA CURRY
5				ORANGE MOUSE		SALAD
6						PAYESH

3. 08.11 WEDNESDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	H ITEA	DINNER
1	DRINKING CHOCOLATE	SEASONAL CUT FRUITS	SWEET LASSI	STEAMED RICE / CHAPATI	UTTAPAM CHUTNEY	PLAIN RICE/ PARATHA
2	BISCUITS			AAM DAL	PASTRY	DAL TARKA
3		VEG S/W		BHINDI ALOO KI SUBZI		KUMDRO ALOO CHOLAR DALNA
4		VEG CROQUIT		MATTAR PANEER		PICKEL
5				ZAFRANI KHEER		MIXED VEG PANEER SUBJI
6						SALAD
7						CREAM CARAMOL

4. 08.11 THURSDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	MILO	SEASONAL CUT FRUITS	SEASONAL FRUIT JUICE	PLAIN RICE / CHAPATI	VEG , PATTICE	VEG PULAO/ CHAPATI
2	BISCUITS	CORNFLAKES & MILK		PANEER WITH VEGETALES	BANANA CAKE	DAL MASALA
3		CHOLE BATURA		RAJASTANI ALOO DUM		JHURI ALOO BHAJA
4				MASALA MOONG DAL		VEG JHALFREZE
5				GULAB JAMUN		CHOCOLATE PASTRY
6						SALAD



PAILAN WORLD SCHOOL

5.08.11 FRIDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	COMPLAN	SEASONAL CUT FRUITS	LIME JUICE	VEGETABLE BIRYANI	PIZZA	STEAMED RICE & CHAPATI
2	BISCUITS	CHOCOLATE PORRIDGE & MILK		RAITA	MIHI DANA	CHOLAR DAL NARDEL DIA
3		BREAD BUTTER		KACHUMBER SALAD		PANEER JHALFREZE
4		ALOO KI SUBZI				ALOO BHAJA BANGALI STYLE
5				MISTI DOI		BALU SAHI
6						SALAD

6. 08. 11 SATURDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	BOURNVITA	SEASONAL CUT FRUITS	STROWBERRY CRUSH	STEAMED RICE & CHAPATI	DAHI WADA	YELLOW RICE / BUTTER NUN
2	BISCUITS	CORNFLAKES & MILK		DAL MASALA	MUFFINE	DAL MAKHANI
3		LUCHI		TINDA ALOO KI SUBZ		CABBAGE MATAR
4		ALOO DUM DRY		PANEER MATTER		PANEER KURCHAN
5				ROSOGOLLA		SWISS ROLLS CUSTERD SAUCE
6						SALAD
7						SOUR CURD

7. 08. 11 SUNDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	MILO	CHOCOFLAKES & MILK	SESONAL FRUIT JUICE	STEAMED RICE & CHAPATI	RAGRA PATICE	VEG BIRIYANI
2	BISCUITS	DOSA		DAL MASALADER	PUCHKA	RAITA
3		SAMBAR		BHINDI ALOO SUBJI	MOCKTAIL	SALAD
4		CHUTNEY		PANEER VEG JHALFREZE		
5				ICECREAM		ORANG PASTRY
6						