



PAILAN WORLD SCHOOL

Weekly Menu for Residential & Day Boarding Students: (Non VEGETARIAN)

26.07.10 MONDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	BOURNVITA	SEASONAL FRUITS	SWEET LIME JUICE	PLAIN RICE & CHAPATI	CREAM ROLLS	RICE & CHAPATI
2	BISCUITS	CORNFLAKES & MILK		KALI DAL	NIMKI	YELLOW DAL
3		PAO				BAIGAN BARI TARCURRY
4		BHAJI		GOBI ALOO KI SUBZI		MURGH KORMA
5				CHICKEN KASHA		GULAB JAMUN
6				RICE KHEER GUR DIYE		SALAD

27.07.10 TUESDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	HORLICKS	SEASONAL FRUITS	LIME JUICE	PLAIN RICE / BREAD ROLLS	VEG MOMO	STEAMED RICE /CHAPATI
2	BISCUITS	PURI / ALOO KI SUBZI			FRUIT CAKE	DAL TADKA
3		CORNFLACKS HOT MILK		CHICKEN STEWS		MIX VEG MAKHANA
4				VEG TARTAZANI		EGGS CURRY
5				MANGO MOUSE		SAL:AD
6						PAYESH

28.07.10 WEDNESDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	H ITEA	DINNER
1	DRINKING CHOCOLATE	SEASONAL FRUITS	SWEET LASSI	STEAMED RICE / CHAPATI	VEG REPPAR	VEGETABLE PULAO/ CHAPATI
2	BISCUITS			DAL MASALADAR	PASTRY	YELLOW DAL TADKA
3		IDLY		BHINDI ALOO KI SUBZI		(BABY) ALOO DUM KHATAMITHA
4		SAMBAR		FRIED FISH INDIAN STYLE		CHICKEN KASHA
5		CHUTNEY		ZAFRANI KHEER		BALU SAHI
6						SALAD

29.07.10 THURSDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	MILO	SEASONAL FRUITS	SEASONAL FRESH JUICE	PLAIN RICE / CHAPATI	VEG , PATTICE	STEAMED RICE / CHAPATI
2	BISCUITS	CORNFLAKES & MILK		YELLOW DAL	BANANA CAKE	RAJMA MASALA
3		CHOLE BATURA		SOYABEAN ALOO TARKARI		BAIGAN BHAJA
4				BEANS PORRIELS		ALOO GOBI MASALA
5						MANGO MOUSSE
6				LANCHA		SALAD



PAILAN WORLD SCHOOL

30.07.10 FRIDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	COMPLAN	SEASONAL FRUITS	FRESH LIME JUICE	CHICKEN BIRYANI	PIZZA	STEAMED RICE & CHAPATI
2	BISCUITS	CHOCOLATE PORRIDGE & MILK		RAITA	MIHI DANA	YELLOW DAL
3		BREAD BUTTER		KACHUMBER SALAD		PALAK PANEER
4		SUJI HALWA				PINDI CHANA
5				MISTI DOI		GULAB JAMUN
6						SALAD

31.07.10 SATURDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH		DINNER
1	BOUNRVITA	SEASONAL FRUITS	SEASONAL FRUITS JUICE	STEAMED RICE & CHAPATI	POTATO CUTLET	YELLOW RICE/ CHAPATI
2	BISCUITS	CORNFLAKES & MILK		DAL MASALA	MUFFIN	DAL MAKHANI
3		LUCHI		VEG HYDRABADY MOTI MATTER		CABBAGE MATAR
4		ALOO BHAJI		EGG CURRY		TANGRY KABBAB
5				MAL PUA WITH RABRI		SWISS ROLLS CUSTERD SAUCE
6						SALAD

01.08.10 SUNDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	MILO		SWEET LASSI	STEAMED RICE & CHAPATI	HI TEA	STEAMED RICE/ CHAPATI
2	BISCUITS	CHOCOFLAKES & MILK		DAL MASALADER	RAGRA PATICE	DAL FRY
3		DOSA		PUI SAAG KUMRA BARI KI SUBZI	PUCHKA	BANARASI ALOO DUM
4		SAMBAR		DAHI MAACH	MOCKTAIL	MUTTON KASA
5		CHUTNEY		ICECREAM		ORANG PASTRY
6						SALAD



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26.07.10 MONDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	BOURNVITA	SEASONAL FRUITS	SWEET LIME JUICE	PLAIN RICE & CHAPATI	CREAM ROLLS	RICE & CHAPATI
2	BISCUITS	CORNFLAKE S & MILK		KALI DAL	NIMKI	YELLOW DAL
3		PAO				KARI PAKORI
4		BHAJI		GOBI ALOO KI SUBZI		BAIGAN BARI TARCURRY
5				PALAK PANEER		GULAB JAMUN
6				RICE KHEER GUR DIYE		SOUR CURD
7						SALAD

27.07.10 TUESDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	HORLICKS	SEASONAL FRUITS	AAM PANNA	PLAIN RICE / BREAD ROLLS	VEG MOMO	STEAMED RICE & CHAPATI
2	BISCUITS	PURI / ALOO KI SUBZI		VEGETABLES STEWS	FRUIT CAKE	DAL TADKA
3		CORNFLACKS HOT MILK		VEG TARTAZANI		MIX VEG MAKHANA
4						TINDA ALOO KI SUBZI
5				MANGO MOUSE		SALAD
6						PAYESH

28.07.10 WEDNESDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	H ITEA	DINNER
1	DRINKING CHOCOLATE	SEASONAL FRUITS	SWEET LASSI	STEAMED RICE / CHAPATI	VEG RAPPER	VEGETABLE PULAO/ CHAPATI
2	BISCUITS			DAL MASALADAR	PASTRY	YELLOW DAL TARKA
3		IDLY		BHINDI ALOO KI SUBZI		(BABY) ALOO DUM KHATAMITHA
4		SAMBAR		MATTAR PANEER		PANEER LABABDAR
5		CHUTNEY		ZAFRANI KHEER		BALU SAHI
6						
7						SALAD

29.07.10 THURSDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	MILO	SEASONAL FRUITS	SEASONAL FRESH JUICE	PLAIN RICE /CHAPATI	VEG , PATTICE	STEAMED RICE / CHAPATI
2	BISCUITS	CORNFLAKES & MILK		YELLOW DAL	BANANA CAKE	RAJMA MASALA
3		CHOLE BATURA		SOYABEANS ALOO KI TARKARRY		BAIGAN BHAJA
4				BEANS PORRIELS		ALOO GOBI MASALA
5						MANGO MOUSSE
6				LANCHA		SALAD



PAILAN WORLD SCHOOL

30.07.10 FRIDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	COMPLAN	SEASONAL FRUITS	FRESH LIME JUICE	VEGETABLE BIRYANI	PIZZA	STEAMED RICE & CHAPATI
2	BISCUITS	CHOCOLATE PORRIDGE & MILK		RAITA	MIHI DANA	YELLOW DAL
3		BREAD BUTTER		KACHUMBER SALAD		PALAK PANEER
4		SUJI HALWA				PINDI CHANA
5				MISTI DOI		GULAB JAMUN
6						SALAD

31.07.10 SATURDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	BOURNVITA	SEASONAL FRUITS	SEASONAL FRESH JUICE	STEAMED RICE & CHAPATI	POTATO CUTLET	YELLOW RICE / CHAPATI
2	BISCUITS	CORNFLAKES & MILK		DAL MASALA	MUFFINE	DAL MAKHANI
3		LUCHI		JHINGA ALOO POSTO		CABBAGE MATAR
4		ALOO BHAJA		VEGETABLEHYDRABADY MOTI MATTER		TANDOORI SALAD
5				MAL PUA WITH RABRI		SWISS ROLLS CUSTERD SAUCE
6						SALAD
7						SOUR CURD

01.07.10 SUNDAY

SL NO	EMR	BREAK FAST	JUICE	LUNCH	HI TEA	DINNER
1	MILO	CHOCOFLAKES & MILK	SWEET LASSI	STEAMED RICE & CHAPATI	RAGRA PATICE	STEAMED RICE /CHAPATI
2	BISCUITS	DOSA		DAL MASALADER	PUCHKA	DAL FRY
3		SAMBAR		PUI SAAG KUMRA BARI KI SUBZI	MOCKTAIL	MATAR PANEER
4		CHUTNEY		PANEER KI SUBZI		BANARASI ALOO DUM
5				ICECREAM		ORANG PASTRY
6						SALAD
						CURD